



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Nobbe, Beatrix

Total time: 1:39:59

Club: ohne

Number: 154

Course: 25.70 km

Rank in course/Total: 94 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 21 (of 26)

Best time in course: 1:12:25

Category:

Rank in category: 4(of 5)

Seniorinnen 2 (45-49 Jahre)

Best time in the category: 1:29:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	19:21	27:38	4	6:42	24	8:11	0.70	19:21	27:38	4	6:42	24	8:11
Wechsel S -> R	-	4:23	-	4	1:30	24	2:39	0.70	23:44	33:54	4	7:51	24	10:50
Schwimmen Total	0.70	23:44	33:54	4	7:51	24	10:50	0.70	23:44	33:54	4	7:51	24	10:50
Rad netto	20.00	48:04	2:24	4	4:22	18	9:04	20.70	1:11:48	3:28	4	12:13	22	19:54
Wechsel R -> L	-	2:46	-	5	1:08	24	1:43	20.70	1:14:34	3:36	4	12:40	22	21:32
Rad Total	20.00	50:50	2:32	4	4:50	18	10:42	20.70	1:14:34	3:36	4	12:40	22	21:32
Lauf	5.00	25:25	5:05	2	1:15	13	6:02	25.70	1:39:59	3:53	4	10:53	21	27:34