



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Höhne, Jenny

Total time: 1:37:40

Club: Tritus SV Neptun Neheim-Hüsten

Number: 221

Course: 25.70 km

Rank in course/Total: 91 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 19 (of 26)

Best time in course: 1:12:25

Category:

Rank in category: 4(of 5)

AK2 weiblich (25-29 Jahre)

Best time in the category: 1:21:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	15:36	22:17	4	2:31	13	4:26	0.70	15:36	22:17	4	2:31	13	4:26
Wechsel S -> R	-	2:35	-	2	0:17	6	0:51	0.70	18:11	25:58	3	2:48	11	5:17
Schwimmen Total	0.70	18:11	25:58	3	2:48	11	5:17	0.70	18:11	25:58	3	2:48	11	5:17
Rad netto	20.00	49:34	2:28	4	7:20	19	10:34	20.70	1:07:45	3:16	4	10:08	17	15:51
Wechsel R -> L	-	1:50	-	3	0:47	12	0:47	20.70	1:09:35	3:21	4	10:30	17	16:33
Rad Total	20.00	51:24	2:34	4	7:42	19	11:16	20.70	1:09:35	3:21	4	10:30	17	16:33
Lauf	5.00	28:05	5:36	4	5:29	22	8:42	25.70	1:37:40	3:48	4	15:59	19	25:15