



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Trunz, Tobias

Total time: 1:13:14

Club: Dr. Hanakam Racing

Number: 121

Course: 25.70 km

Rank in course/Total: 12 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 11 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 1(of 6)

AK4 männlich (35-39 Jahre)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	11:23	16:15	1	-	6	2:05	0.70	11:23	16:15	1	-	6	2:05
Wechsel S -> R	-	1:50	-	1	-	7	0:17	0.70	13:13	18:52	1	-	6	2:17
Schwimmen Total	0.70	13:13	18:52	1	-	6	2:17	0.70	13:13	18:52	1	-	6	2:17
Rad netto	20.00	36:23	1:49	1	-	14	2:36	20.70	49:36	2:23	1	-	9	4:52
Wechsel R -> L	-	1:24	-	1	-	13	0:21	20.70	51:00	2:27	1	-	9	5:05
Rad Total	20.00	37:47	1:53	1	-	12	2:49	20.70	51:00	2:27	1	-	9	5:05
Lauf	5.00	22:14	4:26	3	2:25	30	4:46	25.70	1:13:14	2:50	1	-	11	9:19