



# 8. ITH Hennesee Triathlon

Meschede / 13.06.2015

## Detailed evaluation

Krüll, Dietmar

Total time: 1:25:44

Club: FTV Fischeln 1905

Number: 104

Course: 25.70 km

Rank in course/Total: 46 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 40 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 5(of 14)

Senioren 2 (45-49 Jahre)

Best time in the category: 1:15:39

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	13:13	18:52	1	-	19	3:55	0.70	13:13	18:52	1	-	19	3:55
Wechsel S -> R	-	3:05	-	6	0:49	47	1:32	0.70	16:18	23:17	3	0:42	24	5:22
Schwimmen Total	0.70	16:18	23:17	3	0:42	24	5:22	0.70	16:18	23:17	3	0:42	24	5:22
Rad netto	20.00	43:12	2:09	9	6:57	51	9:25	20.70	59:30	2:52	4	6:43	36	14:46
Wechsel R -> L	-	1:40	-	4	0:16	28	0:37	20.70	1:01:10	2:57	4	6:27	36	15:15
Rad Total	20.00	44:52	2:14	9	6:41	49	9:54	20.70	1:01:10	2:57	4	6:27	36	15:15
Lauf	5.00	24:34	4:54	6	3:38	56	7:06	25.70	1:25:44	3:20	5	10:05	40	21:49