



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Hoffmann, Sabine

Total time: 1:27:31

Club: Team Burn Baby

Number: 146

Course: 25.70 km

Rank in course/Total: 56 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 11 (of 26)

Best time in course: 1:12:25

Category:

Rank in category: 3(of 4)

AK4 weiblich (35-39 Jahre)

Best time in the category: 1:19:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	17:25	24:52	3	4:36	20	6:15	0.70	17:25	24:52	3	4:36	20	6:15
Wechsel S -> R	-	2:57	-	3	0:42	14	1:13	0.70	20:22	29:05	3	5:18	20	7:28
Schwimmen Total	0.70	20:22	29:05	3	5:18	20	7:28	0.70	20:22	29:05	3	5:18	20	7:28
Rad netto	20.00	41:29	2:04	2	1:02	5	2:29	20.70	1:01:51	2:59	3	6:20	12	9:57
Wechsel R -> L	-	2:10	-	3	0:26	14	1:07	20.70	1:04:01	3:05	3	6:46	12	10:59
Rad Total	20.00	43:39	2:10	2	1:28	5	3:31	20.70	1:04:01	3:05	3	6:46	12	10:59
Lauf	5.00	23:30	4:42	2	1:45	9	4:07	25.70	1:27:31	3:24	3	8:31	11	15:06