



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Krist, Josef

Club: Nordhausen

Number: 456

Course: 9.90 km

3 Runden 9,9 km

Category:

Senioren M40

Total time: 47:04

Speed: 11.47 km/h

Rank in course/Total: 43 (of 135)

Rank in course/Men: 42 (of 105)

Best time in course: 35:25

Rank in category: 4(of 11)

Best time in the category: 41:43

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|---------------|---------------|---------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Rundenzeit | 3.30 | 15:33 | 11.58 | 5 | 1:42 | 51 | 3:48 | 3.30 | 15:33 | 11.58 | 5 | 1:42 | 51 | 3:48 |
| Rundenzeit | 3.30 | 15:34 | 11.56 | 3 | 1:40 | 38 | 3:42 | 6.60 | 31:07 | 11.57 | 5 | 3:22 | 45 | 7:30 |
| Finish | 3.30 | 15:57 | 11.29 | 3 | 1:59 | 43 | 4:09 | 9.90 | 47:04 | 11.47 | 4 | 5:21 | 42 | 11:39 |