



18. Sondershäuser Kristall-Lauf  
Brügman-Schacht Sondershausen / 24.10.2015

Detailed evaluation

Moreno, Agustin

Club: Running Zaragoza  
Number: 242

Course: 9.40 km  
10 km (680 m unter der Erdoberfläche)

Category:  
Männer 30 bis 39 Jahre

Total time: 32:01

Speed: 16.87 km/h  
Running performance: 3:25 min/km

Rank in course/Total: 3 (of 373)

Rank in course/Men: 3 (of 286)

Best time in course: 31:07

Rank in category: 3(of 57)

Best time in the category: 31:07

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	2.20	7:02	3:11	1	-	1	-	2.20	7:02	3:11	1	-	1	-
Rundenzeit	1.80	5:58	3:18	1	-	1	-	4.00	13:00	3:15	1	-	1	-
Rundenzeit	1.80	6:13	3:27	3	0:05	3	0:05	5.80	19:13	3:18	2	0:02	2	0:02
Rundenzeit	1.80	6:17	3:29	3	0:14	3	0:14	7.60	25:30	3:21	3	0:16	3	0:16
Finish	1.80	6:31	3:37	5	0:40	8	6:22	9.40	32:01	3:24	3	0:54	3	0:54