



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Cavaleiro, Claudia

Club: OSC Waldniel/100MC
Number: 61

Course: 100.22 km
Einzellauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 14:33:08

Speed: 6.87 km/h
Running performance: 8:43 min/km

Rank in course/Total: 105 (of 246)

Rank in course/Women: 10 (of 31)

Best time in course: 11:16:52

Rank in category: 5(of 12)

Best time in the category: 11:16:52

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Glasbachwiese | 27.39 | 3:44:23 | 8:11 | 6 | 1:04:15 | 18 | 1:04:15 | 27.39 | 3:44:23 | 8:11 | 6 | 1:04:15 | 18 | 1:04:15 |
| Floh-Seligenthal | 27.74 | 3:44:14 | 8:05 | 5 | 54:49 | 13 | 54:49 | 55.13 | 7:28:37 | 8:08 | 5 | 1:59:04 | 17 | 1:59:04 |
| Finsterbergen | 22.03 | 3:33:20 | 9:41 | 5 | 47:43 | 9 | 47:43 | 77.16 | 11:01:57 | 8:34 | 5 | 2:46:47 | 12 | 2:46:47 |
| Fröttstädt | 23.06 | 3:31:11 | 9:09 | 3 | 29:29 | 5 | 29:29 | 100.22 | 14:33:08 | 8:42 | 5 | 3:16:16 | 10 | 3:16:16 |