



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Jahn, Henry

Club: SV Bad Düben
Number: 160

Course: 100.22 km
Einzellauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 16:06:46

Speed: 6.21 km/h
Running performance: 9:39 min/km

Rank in course/Total: 152 (of 246)

Rank in course/Men: 135 (of 215)

Best time in course: 8:53:45

Rank in category: 38(of 59)

Best time in the category: 9:28:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:35:20	7:51	48	1:18:07	156	1:24:23	27.39	3:35:20	7:51	48	1:18:07	156	1:24:23
Floh-Seligenthal	27.74	4:07:26	8:55	49	1:45:11	168	1:45:46	55.13	7:42:46	8:23	48	3:03:18	167	3:10:09
Finsterbergen	22.03	4:06:09	11:10	39	1:44:18	143	2:16:35	77.16	11:48:55	9:11	43	4:47:36	152	5:04:32
Fröttstädt	23.06	4:17:51	11:10	27	1:50:23	123	2:08:29	100.22	16:06:46	9:38	38	6:37:59	135	7:13:01