



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Schramm, Kati

Club: KATIS PACE TEAM
Number: 178

Course: 100.22 km
Einzellauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 17:33:28

Speed: 5.71 km/h
Running performance: 10:31 min/km

Rank in course/Total: 182 (of 246)

Rank in course/Women: 21 (of 31)

Best time in course: 11:16:52

Rank in category: 8(of 12)

Best time in the category: 11:16:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:43:56	8:10	5	1:03:48	17	1:03:48	27.39	3:43:56	8:10	5	1:03:48	17	1:03:48
Floh-Seligenthal	27.74	4:20:13	9:22	10	1:30:48	28	1:30:48	55.13	8:04:09	8:46	10	2:34:36	26	2:34:36
Finsterbergen	22.03	5:12:59	14:12	9	2:27:22	24	2:27:22	77.16	13:17:08	10:19	9	5:01:58	24	5:01:58
Fröttstädt	23.06	4:16:20	11:06	8	1:14:38	16	1:14:38	100.22	17:33:28	10:30	8	6:16:36	21	6:16:36