



10.Walk in Herne
Herne-Sodingen / 22.03.2015

Detailed evaluation

Raffenberg, Michael

Club: TV Gut-Heil 1865 e.V. DO-Aplerbeck
Number: 21020

Course: 21.00 km

Langstrecke Walking

Total time: 2:19:22

Speed: 9.04 km/h

metres in height up: 360

Course score: 26.40

performance score: 239 Points