



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

Schenk, Silke

Total time: 1:21:42

Club: Celenus Salza Vita Gesundheitszentrum GmbH  
Number: 1180

Speed: 8.81 km/h

Running performance: 6:32 min/km

Course: 12.50 km

Rank in course/Total: 178 (of 188)

12,5 km -Lauf

Rank in course/Women: 41 (of 50)

Best time in course: 55:38

Category:

Rank in category: 8(of 9)

Seniorinnen W45 (45-49 Jahre)

Best time in the category: 57:55