



26. Arnstädter Citylauf

Arnstadt / 30.04.2016

Detailed evaluation

Vogler, Timo

Club: LSV Ilmenau
Number: 30

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Kinder M10 (10 Jahre)

Total time: 15:03

Speed: 11.96 km/h
Running performance: 5:01 min/km

Rank in course/Total: 18 (of 39)

Rank in course/Men: 13 (of 21)

Best time in course: 11:59

Rank in category: 3(of 4)

Best time in the category: 12:23

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 1.72 | 8:37 | 5:00 | 3 | 1:33 | 13 | 1:35 | 1.72 | 8:37 | 5:00 | 3 | 1:33 | 13 | 1:35 |
| Last lap Finish | 1.28 | 6:26 | 5:01 | 2 | 1:07 | 12 | 1:29 | 3.00 | 15:03 | 5:00 | 3 | 2:40 | 13 | 3:04 |