



26. Arnstädter Citylauf
Arnstadt / 30.04.2016

Detailed evaluation

Todorov, Onno

Club: LSV Lok Arnstadt
Number: 28

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Kinder M10 (10 Jahre)

Total time: 14:52

Speed: 12.11 km/h
Running performance: 4:58 min/km

Rank in course/Total: 16 (of 39)

Rank in course/Men: 12 (of 21)

Best time in course: 11:59

Rank in category: 2(of 4)

Best time in the category: 12:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	8:19	4:50	2	1:15	10	1:17	1.72	8:19	4:50	2	1:15	10	1:17
Last lap Finish	1.28	6:33	5:07	3	1:14	13	1:36	3.00	14:52	4:57	2	2:29	12	2:53