



46. Brockenlauf
Ilseburg / 03.09.2016

Detailed evaluation

Wehnert, Claudia

Club: Nord - Hamburg Winterhude
Number: 261

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:32:35

Speed: 10.22 km/h
Running performance: 5:49 min/km

Rank in course/Total: 174 (of 529)

Rank in course/Women: 10 (of 82)

Best time in course: 2:09:50

Rank in category: 2(of 8)

Best time in the category: 2:17:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:51	5:42	2	1:58	11	3:33	3.30	18:51	5:42	2	1:58	11	3:33
Schlüsie	3.10	21:28	6:55	2	2:37	14	3:21	6.40	40:19	6:17	2	4:35	13	6:47
Hermannsklippe	2.60	18:31	7:07	3	2:33	17	2:48	9.00	58:50	6:32	2	7:08	13	9:35
Brocken	3.10	29:03	9:22	2	1:56	11	3:36	12.10	1:27:53	7:15	2	9:04	11	13:11
Eiserner Handwe	3.60	17:25	4:50	2	2:17	9	3:23	15.70	1:45:18	6:42	2	11:21	10	15:02
Schlüsie	4.10	17:04	4:09	3	2:01	11	3:47	19.80	2:02:22	6:10	2	13:22	10	17:55
Loddenke	3.10	14:19	4:37	3	1:00	14	2:35	22.90	2:16:41	5:58	2	14:22	10	20:30
Ilseburg/Markt	3.30	15:54	4:49	4	0:25	15	2:15	26.20	2:32:35	5:49	2	14:36	10	22:45