



# 9. ITH Hennesee Triathlon

Meschede / 18.06.2016

## Detailed evaluation

ten Doornkaat Koolman, Nils

Total time: 46:29

Club: TUS Victoria Rietberg

Number: 2

Course: 6.24 km

Rank in course/Total: 13 (of 30)

Kindertriathlon (0,04-6,00-0,20)

Rank in course/Men: 7 (of 12)

Best time in course: 30:46

Category:

Rank in category: 1(of 3)

männliche Schüler C (8+9 Jahre)

Best time in the category: 46:29

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.04	1:59	49:35	1	-	4	0:55	0.04	1:59	49:35	1	-	4	0:55
Wechsel S -> R	-	2:43	-	1	-	8	1:08	0.04	4:42	117:30	1	-	6	2:03
Schwimmen Total	0.04	4:42	117:30	1	-	6	2:03	0.04	4:42	117:30	1	-	6	2:03
Rad netto	6.00	38:18	6:22	1	-	7	12:31	6.04	43:00	7:07	1	-	7	14:34
Wechsel R -> L	-	1:36	-	1	-	7	0:25	6.04	44:36	7:23	1	-	7	13:55
Rad Total	6.00	39:54	6:38	1	-	7	11:52	6.04	44:36	7:23	1	-	7	13:55
Lauf	0.20	1:53	9:24	3	0:17	10	1:48	6.24	46:29	7:26	1	-	7	15:43