



# 9. ITH Hennesee Triathlon

Meschede / 18.06.2016

## Detailed evaluation

### Phibema

Club: Phibema

Number: 36

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Total time: 1:23:21

Rank in course/Total: 7 (of 18)

Rank in course/Total: 7 (of 18)

Best time in course: 1:03:19

Rank in category: 7(of 18)

Best time in the category: 1:03:19

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |  |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|--|
|                 |             |               |                 |             |                | Pos<br>Total | Behind<br>Total | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Total | Behind<br>Total |  |
| Schwimmen nett  | 0.70        | 15:56         | 22:45           | 11          | 4:14           | 11           | 4:14            | 0.70          | 15:56         | 22:45           | 11          | 4:14           | 11           | 4:14            |  |
| Wechsel S -> R  | -           | 2:54          | -               | 18          | 1:22           | 18           | 1:22            | 0.70          | 18:50         | 26:54           | 12          | 5:36           | 12           | 5:36            |  |
| Schwimmen Total | 0.70        | 18:50         | 26:54           | 12          | 5:36           | 12           | 5:36            | 0.70          | 18:50         | 26:54           | 12          | 5:36           | 12           | 5:36            |  |
| Rad netto       | 20.00       | 39:23         | 1:58            | 7           | 7:46           | 7            | 7:46            | 20.70         | 58:13         | 2:48            | 7           | 13:22          | 7            | 13:22           |  |
| Wechsel R -> L  | -           | 1:59          | -               | 18          | 0:48           | 18           | 0:48            | 20.70         | 1:00:12       | 2:54            | 8           | 14:10          | 8            | 14:10           |  |
| Rad Total       | 20.00       | 41:22         | 2:04            | 7           | 8:34           | 7            | 8:34            | 20.70         | 1:00:12       | 2:54            | 8           | 14:10          | 8            | 14:10           |  |
| Lauf            | 5.00        | 23:09         | 4:37            | 10          | 5:52           | 10           | 5:52            | 25.70         | 1:23:21       | 3:14            | 7           | 20:02          | 7            | 20:02           |  |