



1. Riechheimer Berglauf und MTB-Marathon

Osthausen / 18.09.2016

Detailed evaluation

Heym, Andreas

Club: EDEKA-Team ERFURT

Number: 39

Course: 13.00 km

13-km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:10:00

Speed: 11.14 km/h

Running performance: 5:23 min/km

Rank in course/Total: 50 (of 117)

Rank in course/Men: 48 (of 89)

Best time in course: 51:34

Rank in category: 6(of 11)

Best time in the category: 53:02