



18. Slusialauf
Schleusingen / 08.05.2016

Detailed evaluation

Semmler, Steffen

Club: 1.Thüringer Telemarkverein
Number: 187

Course: 14.10 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:08:38

Speed: 12.33 km/h
Running performance: 4:52 min/km

Rank in course/Total: 13 (of 66)

Rank in course/Men: 11 (of 52)

Best time in course: 51:20

Rank in category: 2(of 5)

Best time in the category: 56:59