



18. Slusialauf  
Schleusingen / 08.05.2016

Detailed evaluation

**Semmler, Steffen**

Club: 1.Thüringer Telemarkverein  
Number: 187

Course: 14.10 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:08:38

Speed: 12.24 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 13 (of 66)

Rank in course/Men: 11 (of 52)

Best time in course: 51:20

Rank in category: 2(of 5)

Best time in the category: 56:59