



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Grossmann, Rainer

Club: TV Haibach
Number: 1042

Course: 160.00 km
100 Meilen

Category:
Senioren M55 (55-59 Jahre)

Total time: 22:18:38

Speed: 7.17 km/h
Running performance: 8:22 min/km

Rank in course/Total: 16 (of 108)

Rank in course/Men: 14 (of 98)

Best time in course: 17:27:33

Rank in category: 3(of 15)

Best time in the category: 20:52:02

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	4:27:23	6:17	1	-	14	31:36	42.50	4:27:23	6:17	1	-	94	31:36
Sontra	27.50	4:33:19	9:56	5	17:56	26	1:30:17	70.00	9:00:42	7:43	16	5:43	91	1:40:02
Glasbachwiese	17.00	2:48:39	9:55	5	55:47	26	55:47	87.00	11:49:21	8:09	16	25:45	89	2:14:17
Gensberg/Brotte	13.00	2:18:51	10:40	4	15:18	24	32:54	100.00	14:08:12	8:28	16	41:03	80	2:47:11
Floh-Seligenthal	14.00	1:28:39	6:19	4	11:02	22	23:25	114.00	15:36:51	8:13	16	52:05	78	3:10:36
Finsterbergen	22.00	3:31:41	9:37	6	32:58	32	1:00:21	136.00	19:08:32	8:26	15	1:25:03	73	4:10:57
Prefinish	23.50	3:08:46	8:01	2	1:41	17	40:00	159.50	22:17:18	8:23	15	1:26:44	71	4:50:57
Fröttstädt	0.50	1:20	2:39	2	0:04	10	0:14	160.00	22:18:38	8:21	3	1:26:36	14	4:51:05