



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Wiedemann, Laurin

Total time: 22:30

Club: RV 03 Bürstadt Triathlon

Number: 803

Course: 6.20 km

Rank in course/Total: 4 (of 16)

Schüler B Triathlon (200 m, 5 km, 1,0 km)

Rank in course/Men: 4 (of 10)

Best time in course: 20:43

Category:

Rank in category: 4(of 10)

männliche Schüler B (10+11 Jahre)

Best time in the category: 20:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.20	5:17	26:24	7	1:54	7	1:54	0.20	5:17	26:24	7	1:54	7	1:54
Wechsel S -> R	-	1:02	-	2	0:05	2	0:05	0.20	6:19	31:34	7	1:47	7	1:47
Schwimmen Total	0.20	6:19	31:34	7	1:47	7	1:47	0.20	6:19	31:34	7	1:47	7	1:47
Rad netto	5.00	11:06	2:13	4	0:18	4	0:18	5.20	17:25	3:20	5	1:50	5	1:50
Wechsel R -> L	-	0:49	-	1	-	1	-	5.20	18:14	3:30	5	1:45	5	1:45
Rad Total	5.00	11:55	2:23	3	0:13	3	0:13	5.20	18:14	3:30	5	1:45	5	1:45
Lauf	1.00	4:16	4:15	2	0:02	2	0:02	6.20	22:30	3:37	4	1:47	4	1:47