



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Bode, Hannes

Club: LA-Sonneberg

Number: 211

Course: 20.00 km

20km Strecke

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 1:41:37

Speed: 11.81 km/h

Running performance: 5:05 min/km

Rank in course/Total: 166 (of 528)

Rank in course/Men: 156 (of 390)

Best time in course: 1:09:23

Rank in category: 2(of 5)

Best time in the category: 1:41:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	51:42	5:10	1	-	154	16:11	10.00	51:42	5:10	1	-	154	16:11
Last lap Finish	10.00	49:55	4:59	2	1:40	167	16:03	20.00	1:41:37	5:04	2	0:28	156	32:14