



27. Rennsteig Herbstlauf
Masserberg / 01.10.2017

Detailed evaluation

Dittmann, Erik

Club: USV Erfurt
Number: 477

Course: 20.00 km
20km Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:21:35

Speed: 14.71 km/h
Running performance: 4:05 min/km

Rank in course/Total: 21 (of 528)

Rank in course/Men: 21 (of 390)

Best time in course: 1:09:23

Rank in category: 9(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	42:48	4:16	12	5:41	26	7:17	10.00	42:48	4:16	12	5:41	26	7:17
Last lap Finish	10.00	38:47	3:52	5	2:40	12	4:55	20.00	1:21:35	4:04	9	8:21	21	12:12