



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Konrad, Patrick

Club: Sport Schart Speedys

Number: 455

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:21:31

Speed: 14.72 km/h

Running performance: 4:05 min/km

Rank in course/Total: 20 (of 528)

Rank in course/Men: 20 (of 390)

Best time in course: 1:09:23

Rank in category: 8(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	41:40	4:09	9	4:33	21	6:09	10.00	41:40	4:09	9	4:33	21	6:09
Last lap Finish	10.00	39:51	3:59	10	3:44	23	5:59	20.00	1:21:31	4:04	8	8:17	20	12:08