



## 3Türmelauf

Bad Langensalza / 30.04.2017

### Detailed evaluation

**NICOLAI, Jannes**

Club: SV Empor Abtl.Boxen

Number: 669

Course: 1.00 km

Schülerlauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 5:49

Speed: 10.32 km/h

Running performance: 5:49 min/km

Rank in course/Total: 222 (of 255)

Rank in course/Men: 108 (of 115)

Best time in course: 3:22

Rank in category: 3(of 2)

Best time in the category: 4:17