



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

KAVEMANN, Matthias

Club: Tonna

Number: 1089

Course: 5.00 km

5 km - Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 22:10

Speed: 13.53 km/h

Running performance: 4:26 min/km

Rank in course/Total: 12 (of 251)

Rank in course/Men: 12 (of 141)

Best time in course: 18:14

Rank in category: 1(of 5)

Best time in the category: 22:10