



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

WURSCHI, Gunther

Club: SV Empor

Number: 1228

Course: 5.00 km

5 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 23:23

Speed: 12.83 km/h

Running performance: 4:41 min/km

Rank in course/Total: 22 (of 251)

Rank in course/Men: 20 (of 141)

Best time in course: 18:14

Rank in category: 3(of 13)

Best time in the category: 21:56