



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

HEINKE, Christin

Club: Altengottern
Number: 1064

Course: 5.00 km
5 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 24:00

Speed: 12.50 km/h
Running performance: 4:48 min/km

Rank in course/Total: 31 (of 251)
Rank in course/Women: 5 (of 110)
Best time in course: 22:01

Rank in category: 1(of 5)
Best time in the category: 24:00