



3Türmelauf  
Bad Langensalza / 30.04.2017

Detailed evaluation

HEINKE, Christin

Club: Altengottern  
Number: 1064

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 24:00

Speed: 12.50 km/h  
Running performance: 4:48 min/km

Rank in course/Total: 31 (of 251)  
Rank in course/Women: 5 (of 110)  
Best time in course: 22:01

Rank in category: 1(of 5)  
Best time in the category: 24:00