



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

KLUPAK, Jörg

Club: SPD Bad Langensalza

Number: 1097

Course: 5.00 km

5 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 24:03

Speed: 12.47 km/h

Running performance: 4:49 min/km

Rank in course/Total: 34 (of 251)

Rank in course/Men: 29 (of 141)

Best time in course: 18:14

Rank in category: 2(of 6)

Best time in the category: 23:09