



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

ALLSTÄDT, Paul

Club: SV Empor Abtl.Boxen
Number: 1001

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 24:30

Speed: 12.24 km/h
Running performance: 4:54 min/km

Rank in course/Total: 40 (of 251)

Rank in course/Men: 32 (of 141)

Best time in course: 18:14

Rank in category: 5(of 13)

Best time in the category: 18:27