



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

GRUBE, Nils

Club: Salza-Gymnasium

Number: 1053

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 24:46

Speed: 12.11 km/h

Running performance: 4:57 min/km

Rank in course/Total: 44 (of 251)

Rank in course/Men: 35 (of 141)

Best time in course: 18:14

Rank in category: 3(of 22)

Best time in the category: 22:14