



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

HIESE, Jonas

Club: SLG Bad Langensalza
Number: 1072

Course: 5.00 km
5 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 24:47

Speed: 12.10 km/h
Running performance: 4:58 min/km

Rank in course/Total: 45 (of 251)

Rank in course/Men: 36 (of 141)

Best time in course: 18:14

Rank in category: 4(of 12)

Best time in the category: 18:14