



## 3Türmelauf

Bad Langensalza / 30.04.2017

### Detailed evaluation

**BÄRHOLD, Ingo**

Club: SG Merxleben 1921 e.V.

Number: 1006

Course: 5.00 km

5 km - Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 25:05

Speed: 11.96 km/h

Running performance: 5:01 min/km

Rank in course/Total: 50 (of 251)

Rank in course/Men: 40 (of 141)

Best time in course: 18:14

Rank in category: 2(of 13)

Best time in the category: 23:43