



## 3Türmelauf

Bad Langensalza / 30.04.2017

### Detailed evaluation

**GERNANDT, Max**

Club: Salza-Gymnasium

Number: 1044

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 25:49

Speed: 11.62 km/h

Running performance: 5:10 min/km

Rank in course/Total: 71 (of 251)

Rank in course/Men: 56 (of 141)

Best time in course: 18:14

Rank in category: 8(of 22)

Best time in the category: 22:14