



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

Surber, Silke

Club: Jena

Number: 1284

Course: 5.00 km

5 km - Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 27:20

Speed: 10.98 km/h

Running performance: 5:28 min/km

Rank in course/Total: 96 (of 251)

Rank in course/Women: 26 (of 110)

Best time in course: 22:01

Rank in category: 1(of 9)

Best time in the category: 27:20