



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

ICKSTADT, Günter

Club: -

Number: 1080

Course: 5.00 km

5 km - Lauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 28:33

Speed: 10.51 km/h

Running performance: 5:43 min/km

Rank in course/Total: 123 (of 251)

Rank in course/Men: 91 (of 141)

Best time in course: 18:14

Rank in category: 2(of 3)

Best time in the category: 24:54