



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

ECHTERMEYER, Steffen

Club: FSV 1996 Preussen Bad Langensalza e.V.
Number: 1027

Course: 5.00 km
5 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 29:27

Speed: 10.19 km/h

Running performance: 5:53 min/km

Rank in course/Total: 147 (of 251)

Rank in course/Men: 103 (of 141)

Best time in course: 18:14

Rank in category: 10(of 13)

Best time in the category: 21:56