



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

SETZEPFANDT, Stefan

Club: Fahrdienst Gary

Number: 1189

Course: 5.00 km

5 km - Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 28:08

Speed: 10.66 km/h

Running performance: 5:38 min/km

Rank in course/Total: 115 (of 251)

Rank in course/Men: 86 (of 141)

Best time in course: 18:14

Rank in category: 5(of 8)

Best time in the category: 24:02