



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

**HAUER, Cornelia**

Club: die Haus  
Number: 1060

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 29:02

Speed: 10.33 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 137 (of 251)

Rank in course/Women: 39 (of 110)

Best time in course: 22:01

Rank in category: 3(of 11)

Best time in the category: 28:12