



## 3Türmelauf

Bad Langensalza / 30.04.2017

### Detailed evaluation

**KNOTHE, Julian**

Club: Salza-Gymnasium

Number: 1102

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 30:08

Speed: 9.96 km/h

Running performance: 6:02 min/km

Rank in course/Total: 160 (of 251)

Rank in course/Men: 112 (of 141)

Best time in course: 18:14

Rank in category: 8(of 10)

Best time in the category: 19:27