



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

FRIEDRICH, Bianca

Club: GKN Sinter Metals, Bad Langensalza
Number: 1037

Course: 5.00 km
5 km - Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 28:18

Speed: 10.60 km/h

Running performance: 5:40 min/km

Rank in course/Total: 119 (of 251)

Rank in course/Women: 34 (of 110)

Best time in course: 22:01

Rank in category: 2(of 9)

Best time in the category: 27:20