



3Türmelauf

Bad Langensalza / 30.04.2017

Detailed evaluation

NOGALA, Johannes

Club: FSV 1996 Preussen Bad Langensalza e.V.
Number: 1142

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 29:07

Speed: 10.30 km/h

Running performance: 5:49 min/km

Rank in course/Total: 143 (of 251)

Rank in course/Men: 102 (of 141)

Best time in course: 18:14

Rank in category: 13(of 13)

Best time in the category: 18:27