



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

**WILSKE, Sabrina**

Club: B.L. Sharks  
Number: 1227

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 29:18  
Speed: 10.24 km/h  
Running performance: 5:52 min/km  
  
Rank in course/Total: 145 (of 251)  
Rank in course/Women: 45 (of 110)  
Best time in course: 22:01  
  
Rank in category: 8(of 11)  
Best time in the category: 23:27