



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

**SCHÜTZ, Karsten**

Club: B.L. Sharks  
Number: 1183

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 31:24

Speed: 9.55 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 176 (of 251)

Rank in course/Men: 118 (of 141)

Best time in course: 18:14

Rank in category: 12(of 13)

Best time in the category: 21:56