



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

**SONDERMANN, Patricia**

Club: SV Empor Abtl.Boxen  
Number: 1190

Course: 5.00 km  
5 km - Lauf

Category:  
weibliche Jugend U18 (16-17 Jahre)

Total time: 30:58

Speed: 9.69 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 172 (of 251)

Rank in course/Women: 58 (of 110)

Best time in course: 22:01

Rank in category: 7(of 15)

Best time in the category: 25:28