



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

Geissler, Kathrin

Club: Bad Langensalza  
Number: 1252

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 31:09

Speed: 9.63 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 173 (of 251)

Rank in course/Women: 59 (of 110)

Best time in course: 22:01

Rank in category: 4(of 9)

Best time in the category: 27:20