



## 3Türmelauf

Bad Langensalza / 30.04.2017

### Detailed evaluation

**GEIßLER, Ronald**

Club: MC Bad Langensalza / Ufhoven e.V.

Number: 1042

Course: 5.00 km

5 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 34:43

Speed: 8.64 km/h

Running performance: 6:56 min/km

Rank in course/Total: 217 (of 251)

Rank in course/Men: 132 (of 141)

Best time in course: 18:14

Rank in category: 6(of 6)

Best time in the category: 23:09