



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

HEINKE, Felix

Club: BLG

Number: 1065

Course: 5.00 km

5 km - Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 28:46

Speed: 10.43 km/h

Running performance: 5:45 min/km

Rank in course/Total: 130 (of 251)

Rank in course/Men: 96 (of 141)

Best time in course: 18:14

Rank in category: 6(of 7)

Best time in the category: 19:13