



3Türmelauf  
Bad Langensalza / 30.04.2017

## Detailed evaluation

Baumbach, Monique

Number: 1269

Course: 5.00 km

5 km - Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 32:16

Speed: 9.30 km/h

Running performance: 6:27 min/km

Rank in course/Total: 192 (of 251)

Rank in course/Women: 70 (of 110)

Best time in course: 22:01

Rank in category: 9(of 11)

Best time in the category: 28:12