



3Türmelauf
Bad Langensalza / 30.04.2017

Detailed evaluation

ÜBENSEE, Jörg

Club: -

Number: 1209

Course: 5.00 km

5 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 32:36

Speed: 9.20 km/h

Running performance: 6:31 min/km

Rank in course/Total: 201 (of 251)

Rank in course/Men: 127 (of 141)

Best time in course: 18:14

Rank in category: 13(of 13)

Best time in the category: 21:56